



REDWOOD  
FAMILY PRACTICE

## Welcome

Thank you for choosing Redwood Family Practice for your health care.

Our goal is to provide you with quality patient care. Please complete the enclosed patient information and return it to our office. We appreciate receiving the information in advance of your appointment so we can begin your medical record. Once the information is received, we can schedule your new patient appointment.

Your first visit will be to establish care, review your medical history, document your medical needs and develop a plan for care. If you have coverage for an annual or wellness exam, this will be scheduled after your initial visit. Your annual or wellness visit is the time to discuss your goals to improve your health and personal goals for the following year.

Please bring all medications and supplements with you to the first visit. Redwood Family Practice providers are not accepting patients for pain management. We will care for your other medical needs, and we will make a referral to a pain specialist if needed.

Our office is contracted with many insurance carriers. **To avoid any confusion, please contact your insurance carrier to confirm Redwood Family Practice is contracted with them.**

### Meet Our Team:

Provider: David Ray, FNP.

Medical Assistants: Katelenn and Norma. They will process prescription medications and will contact you with any test results.

Tricia is the Office Manager, and Michelle is the Administrative Assistant who are happy to answer questions and schedule appointments. Carrie is the Practice Manager and will be your contact for pending prior authorizations and referrals.

**Redwood Family Practice** and staff look forward to meeting your medical health care needs.

## Patient Information

Last Name \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

Date of Birth \_\_\_\_\_ SS# \_\_\_\_\_ Gender: Male ☐ Female ☐

Primary Language \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_ Work Phone \_\_\_\_\_

May we leave medical and appointment information on your cellphone/answering machine?  
☐ Yes ☐ No

Mailing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### Employment

☐ Full time ☐ Part time ☐ Not employed ☐ Student ☐ Retired

Place of Employment \_\_\_\_\_ Occupation \_\_\_\_\_

Marital Status ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Domestic Partner

Spouse's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Phone \_\_\_\_\_

### OHRP Information (required by the State)

Ethnicity ☐ Hispanic/Latino ☐ Non-Hispanic/Latino ☐ Decline  
☐ Asian ☐ Black/African American ☐ American Indian  
☐ Alaskan Native ☐ Hawaiian/Pacific Islander ☐ White/Caucasian

### Emergency Contact

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

If patient is a child, parent's name \_\_\_\_\_ Phone \_\_\_\_\_

### Insurance

Primary \_\_\_\_\_ Secondary \_\_\_\_\_

Subscriber name \_\_\_\_\_ Subscriber name \_\_\_\_\_

Date of birth \_\_\_\_\_ Date of birth \_\_\_\_\_

ID# \_\_\_\_\_ Group# \_\_\_\_\_ ID# \_\_\_\_\_ Group# \_\_\_\_\_

I authorize treatment of the person named above and accept financial responsibility for all treatment provided. I authorize Redwood Family Practice to provide my insurance companies with all information necessary to process insurance claims and assign payments to Redwood Family Practice all of the insurance benefits due to me to the full extent of my financial obligation. A photocopy of this authorization shall be considered as a valid as the original.

**I have read and understand all of the above.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Health History

Name \_\_\_\_\_ Date \_\_\_\_\_

Date of birth \_\_\_\_\_ Referred by \_\_\_\_\_

Are you under the care of any other physician/provider? ☐ Yes ☐ No

Please list other health care providers \_\_\_\_\_

## Social History

Do you use tobacco? ☐ Former ☐ Current # of cigarettes per day? \_\_\_\_\_ # of Years? \_\_\_\_\_

Do you drink alcohol? ☐ Yes ☐ No Average amount (daily, weekly, monthly) \_\_\_\_\_

Exercise: ☐ None ☐ Moderate ☐ Daily ☐ Heavy

## Women Only

First menstrual cycle (age) \_\_\_\_\_ Present form of birth control \_\_\_\_\_

Date of last menstrual cycle \_\_\_\_\_

# of pregnancies \_\_\_\_\_ Full-term \_\_\_\_\_ Live births \_\_\_\_\_

Date of last mammogram \_\_\_\_\_ Date of last pap smear \_\_\_\_\_

## Men Only

Date of last prostate exam \_\_\_\_\_ Date of last PSA test \_\_\_\_\_

## Past Medical History (check all that apply)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Alcoholism              | <input type="checkbox"/> Heart Attack          | <input type="checkbox"/> Prostate Problems          |
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Heart Disease         | <input type="checkbox"/> Prosthesis                 |
| <input type="checkbox"/> Anorexia/Bulimia        | <input type="checkbox"/> Heart Murmur          | <input type="checkbox"/> Psoriatic Arthritis        |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Hernia                | <input type="checkbox"/> Rheumatoid Arthritis       |
| <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Herniated Disc        | <input type="checkbox"/> Rotator Cuff Injury        |
| <input type="checkbox"/> Bleeding Disorders      | <input type="checkbox"/> High Blood Pressure   | <input type="checkbox"/> Sciatica                   |
| <input type="checkbox"/> Blood Clots             | <input type="checkbox"/> High Cholesterol      | <input type="checkbox"/> Scoliosis                  |
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Joint Stiffness       | <input type="checkbox"/> Seizures                   |
| <input type="checkbox"/> Cataracts/Glaucoma      | <input type="checkbox"/> Kidney Disease        | <input type="checkbox"/> Significant Weight Changes |
| <input type="checkbox"/> Depression              | <input type="checkbox"/> Kidney Stones         | <input type="checkbox"/> Sinus Headaches            |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Liver Disease         | <input type="checkbox"/> Spinal Cord Injury         |
| <input type="checkbox"/> Emphysema               | <input type="checkbox"/> Migraine Headaches    | <input type="checkbox"/> Stomach Problems           |
| <input type="checkbox"/> Fainting                | <input type="checkbox"/> Multiple Sclerosis    | <input type="checkbox"/> Stroke                     |
| <input type="checkbox"/> Fibromyalgia            | <input type="checkbox"/> Neurological Disorder | <input type="checkbox"/> Torticollis                |
| <input type="checkbox"/> Fractures               | <input type="checkbox"/> Osteoporosis          | <input type="checkbox"/> Tumor                      |
| <input type="checkbox"/> Genetic Spinal Disorder | <input type="checkbox"/> Pacemaker             |   |
| <input type="checkbox"/> Gout                    | <input type="checkbox"/> Parkinson's Disease   |   |
| <input type="checkbox"/> Headaches               | <input type="checkbox"/> Pinched Nerves        |   |
| <input type="checkbox"/> Hearing Problems        | <input type="checkbox"/> Polio                 |   |

Date of last colonoscopy \_\_\_\_\_ Date of last DEXA Scan \_\_\_\_\_

## Diabetic Patients

Date of last foot exam \_\_\_\_\_ Date of last eye exam \_\_\_\_\_

Date of last A1c \_\_\_\_\_ Date of last cholesterol panel \_\_\_\_\_

## Health History (continued)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Today's Date \_\_\_\_\_

### Previous Surgeries

Type	Year	Surgeon	City
1. _____			
2. _____			
3. _____			
4. _____			
5. _____			
6. _____			
7. _____			

### Family History

If Living			
Father	Age _____	Health _____	
Mother	Age _____	Health _____	

If Deceased			
Father	Age _____	Cause _____	
Mother	Age _____	Cause _____	

# of your children \_\_\_\_\_ # living \_\_\_\_\_ # deceased \_\_\_\_\_

Ages of each of your children \_\_\_\_\_

Serious illnesses of children \_\_\_\_\_

### Family Medical History (Please check and note relationship. If grandparent, please specify maternal or paternal.)

- |  |   |
|--|---|
| <input type="checkbox"/> Coronary artery disease       | <input type="checkbox"/> Diabetes Type I        |
| <input type="checkbox"/> Heart rhythm                  | <input type="checkbox"/> Diabetes Type II       |
| <input type="checkbox"/> Heart infections/Inflammation | <input type="checkbox"/> Hypothyroidism         |
| <input type="checkbox"/> Heart malformations           | <input type="checkbox"/> Heart muscle disorders |
| <input type="checkbox"/> High blood pressure           | <input type="checkbox"/> Psychiatric condition  |
| <input type="checkbox"/> Cancer (type/location) _____  |   |

## Medications

Preferred pharmacy\_\_\_\_\_

Allergies and Reactions (please include medications, foods, latex, dye, etc.)

Current Medications (list all medications, including prescriptions, vitamins, over-the-counter, herbs and supplements)

Medication	Dose	Frequency	Reason for taking
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This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## HIPPA Laws Policy and Procedure

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I have had a chance to review and have been offered a copy of the HIPPA Laws policies and Procedures.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **DISCLOSURE OF FEES AND PAYMENT POLICY**

I understand that all fees are based upon individual services rendered and may vary from visit to visit depending upon the provider's specific recommendations. I also understand there is one fee schedule for all services rendered in this office. There is a 30% discount if you pay in full at time of service. If I desire, a complete list will be available at any time. All fees are subject to change without notice.

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I Authorize Redwood Family Practice to receive direct payment from my insurance company for all monies due on my account. I understand that I am responsible for insurance deductibles, co-pays and any portion of the bill not paid for by the insurance company due and payable on the day the services are rendered. I authorize My signature, below, to be kept on file and used as "my signature on file" to process all insurance claim submissions. I also authorize the release of medical or other information necessary to process all insurance claims.

I hereby assign all medical benefits to which I am entitled to Redwood Family Practice. I authorize any of their employees to sign for me on the back of any draft or check which they receive for services rendered from any insurance company, whether pursuant to medical payments coverage or health insurance coverage, as long as I have an outstanding balance with them. Said amount shall be credited against my account and shall reduce my outstanding balance accordingly. A photocopy of this assignment shall be considered as effective and valid as the original. I also authorize the release of any information pertinent to my case to any insurance company, adjuster or attorney involved in this case.

I fully understand and agree to the above terms and acknowledge that I am ultimately responsible for any and all monies owed to Redwood Family Practice regardless of the outcomes of any court case or denials by an insurance company. Should I receive any payment(s) or settlements for services rendered, I will forward those on to Redwood Family Practice within 5 days, or be immediately responsible for the entire amount billed.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Consent to Release Protected Health Information to Friends or Family Members

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

I request Redwood Family Practice to release protected healthcare information to:

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

This request and authorization applies to:

☐ All healthcare information (Medical and Billing)

☐ Healthcare information relating to the following treatment, condition, or dates:

\_\_\_\_\_  
\_\_\_\_\_

☐ Other \_\_\_\_\_

I understand that this designation applies only to Redwood Family Practice.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

### REVOCCATION/TERMINATION

I request to revoke/terminate the designation made above.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Release of Healthcare Information

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

RELEASED FROM:

RELEASE TO:

Facility Name \_\_\_\_\_

Facility Name \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Fax # \_\_\_\_\_

Phone # \_\_\_\_\_ Fax# \_\_\_\_\_

**If records are over 20 pages, please send them on a disc or flash drive. Thank you.**

Purpose of release: ☐ Transfer of Care ☐ Referral/Consultation ☐ Personal

By **initialing the spaces below**, I specifically authorize the release of the following medical records, if such records exist.

\_\_\_\_ All medical records (limited to 2 years unless otherwise indicated.)  
\_\_\_\_ Hospital \_\_\_\_\_ Emergency and urgent care records  
\_\_\_\_ Physical Therapy \_\_\_\_\_ Billing Statements  
\_\_\_\_ Laboratory/and or pathology reports \_\_\_\_\_ Other \_\_\_\_\_  
\_\_\_\_ Diagnostic imaging reports \_\_\_\_\_  
\_\_\_\_ Healthcare relating to the following condition or treatment dates \_\_\_\_\_

I understand and agree that the information below will be disclosed if I place my initials in the applicable space next to the type of information.

\_\_\_\_ HIV/AIDS testing/treatment \_\_\_\_\_ Mental Health specific visits  
\_\_\_\_ Genetic Testing \_\_\_\_\_ Drug/Alcohol specific visit

Except to the extent that action has already been taken in reliance upon this authorization, I understand that I may revoke this authorization at any time giving written notice to Redwood Family Practice. Unless revoked earlier, this authorization will expire 180 days from the date of signing or upon. I understand that I may refuse to sign this authorization and that my refusal to sign will not affect my ability to obtain treatment, payment, enrollment or eligibility for benefits. I may inspect or copy any information to be used or disclosed under this authorization. I also understand that, if the person or entity receiving this information is not a health care provider or health plan covered by federal privacy regulations, the information described above may be disclosed and no longer be protected by these regulations. However, the recipient may be prohibited from disclosing my health information under other applicable state or federal laws and regulations. I further understand that the person(s) I am authorizing to use or disclose my information may receive compensation (either directly or indirectly) for doing so.

Signature \_\_\_\_\_

Date \_\_\_\_\_

\_\_\_\_\_  
Print Name of Legal Representative (if applicable)

Date \_\_\_\_\_



# Patient Financial Policy

Redwood Family Practice provides quality health care and administers all accounts under the following guidelines.

**Insurance Billing:** As a courtesy to our patients with insurance, upon receipt of the appropriate insurance information, we will submit your insurance claim for you. Patients are responsible for all deductibles, copayments and other patient balances as indicated by your insurance carrier. Office visit copays are due at the time of service. It is the responsibility of the patient to know what their insurance benefits are.

**Cash Pay Accounts:** Patients without insurance must pay at the time of service. If you are unable to pay your balance in full, you will need to make prior arrangements. In no instance do we carry an account balance beyond 3 months from the date of service.

**Auto Accident:** We will bill for motor vehicle accidents, but only as a courtesy. If your motor vehicle insurance carrier does not pay or does not pay in a timely manner, then payment in full is your responsibility. We will supply any information that may be needed for you to submit to your motor vehicle insurance.

**Liability Injury:** If your injury is a result from another party's negligence, you are required to pay for services and then collect from the responsible party. We not file a claim to the insurance, but we will provide you with needed information and receipts to file the claim.

**Workers Compensation:** If your injury is due to an accident in your work place, please inform the front office person before you see your provider. It is your responsibility to know your employer's worker's compensation insurance information (name and billing address).

**In the event that your account must be referred to a third party for collection, patient agrees to pay all reasonable collection and/or attorney fees, as well as court costs incurred.**

**Payment Methods:** Payment methods include Cash, Check, MasterCard, Visa and Care Credit. A \$35 fee will be assessed by our office for any returned checks in addition to the service charge assessed by our bank.

**Forms:** There are fees for forms that the providers are asked to complete. In some instances, the provider may ask you to make an appointment to properly complete the form. Form completion fees are not covered by insurance and are to be paid at time of form request. Please check with our staff for form fees.

**Monthly Billing Statements:** After your insurance has processed your claim any unpaid patient balances are due upon receipt of our billing statement. In no event will an account balance exceed 3 months. If you have special financial needs, please contact our office manager.

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Signature/Patient or Guardian

Date

## **No Show Policy**

A “no show” is someone who misses an appointment without canceling it 24 hours in advance. No shows inconvenience those individuals who need access to medical care in a timely manner.

A failure to present at the time of a scheduled appointment will be recorded in our schedule as a “no show”. The first time there is “no show”, you will be called alerting you to the fact that you have failed to show up for an appointment and did not cancel the appointment. Upon the second “no show”, you will be sent a warning letter informing you that you may be dismissed from the practice if you have a third “no show” in one year. Dismissal of patients are at the discretion of the providers.

In order to be respectful of the medical needs of all our patients please be courteous and call our office promptly if you are unable to attend an appointment. This time will be reallocated to someone who is in urgent need of treatment. This is how we can best serve the needs of all our patients.

If it is necessary to cancel your appointment, we require that you call 24 hours in advance. Appointments are in high demand, and your early cancellation will give another person the possibility to have access to timely medical care.

To cancel and reschedule your appointment, please call our office: 541 474-5665.

Late cancellations are considered a “no show”.